

TIMING PATTERNS

Timing patterns are a set of sticking exercises designed to engrain the concept of dominant hand sticking while exploring the common use of groups of three notes and one rest that much of percussion music is based upon.

A check pattern is a rhythm that is used as a baseline to go between the timing patterns and back to the check. The check pattern should outline the concept one is trying to accomplish with the timing patterns. While there are many approaches, as a standard play the check pattern and then cycle through the timing patterns without stopping. Feel free to use the blank measures to create your own check and timing patterns.

CHECK PATTERN

